

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2024



9:15 Exercise Group- MDR 1
 10:30 Coffee Social-MDR
 1:30 Households-3LNG
 5:30 Shuffleboard- MDR

9:30 Exercises-MDR 1:30 2
 Bingo- MDR

Diwali (Hindu)

9:30 Sunday Christian 3
 Service MDR
 1:30 Java Music Club -
 MDR

9:30 Exercise Group - 4
 MDR
 1:30 Women's Lounge
 Social- MDR
 5:30 Wonders of Nature -
 MDR

9:30 Exercise Group-MDR 5
 10:30 Hand Chimes-MDR
 11:30 Women's Luncheon
 MDR
 1:30 Men's Shed -MDR
 1:30 Musical Memories-
 3LNG
 5:30 Crosswords- MDR

9:30 Catholic Service -MDR 6
 9:30 Hand Spa-3rd LNG
 10:00 Duet Bikes with
 Adam
 1:30 1:1 Visits-3rd LNG
 5:30 Church Service- MDR

9:00- 11:00 Bible Study with 7
 Kam- All Floors
 9:30 Shuffleboard -MDR
 1:30 Garden City Lane Social-
 3LNG
 1:30 Creative Arts Club- MDR
 1:30 Flower Arranging-MDR
 5:30 Dominoes- MDR

9:15 Exercise Group- 8
 MDR
 10:30 Coffee Social-MDR
 1:30 Households-3LNG
 5:30 Shuffleboard- MDR

9:30 Exercises-MDR 9
 1:30 Bingo- MDR

Daylight Saving Time Ends

9:30 Sunday Christian 10
 Service MDR
 1:30 Java Music Club -
 MDR

**NO SCHEDULED 11
 PROGRAM TODAY**

**Statutory Holiday
 Remembrance Day**

Veterans Day
Remembrance Day (Canada)

9:30 1:1 Visits-3LNG 12
 10:30 Hand Chimes-MDR
 1:30 Men's Shed -MDR
 1:30 Musical Memories-
 3LNG
 5:30 Crosswords- MDR

9:30 Catholic Service -MDR 13
 9:30 Hand Spa-3rd LNG
 10:00 Duet Bikes with
 Adam
**1:30 Birthday Party- All
 Floors**
 5:30 Church Service- MDR

9:30 Shuffleboard -MDR 14
 1:30 Garden City Lane Social-
 3LNG
 1:30 Creative Arts Club- MDR
 5:30 Dominoes- MDR

9:15 Exercise Group- 15
 MDR
 9:30 Households-3LNG
1:30 Mike's Critters-MDR
 5:30 Shuffleboard- MDR

9:30 Exercises-MDR 16
 1:30 Bingo- MDR

9:30 Sunday Christian 17
 Service MDR
 1:30 Java Music Club -
 MDR

9:30 Exercise Group - 18
 MDR
**10:30 Smudging
 Ceremony-MDR**
 1:30 Women's Lounge
 Social- MDR
 5:30 Wonders of Nature -
 MDR

9:30 Exercise Group MDR 19
 10:30 Hand Chimes-MDR
 1:30 Men's Shed -MDR
 1:30 Musical Memories- 3rd
 1:30 Kitchen Creation-M
 5:30 Crosswords- MDR:00

9:30 Catholic Service -MDR 20
 9:30 Hand Spa-3LNG
 10:00 Duet Bikes with
 Adam
 1:30 1:1 Visits-3rd
 LNG
 5:30 Church Service- MDR

9:30 Shuffleboard -MDR 21
**1:30 Resident Council
 Meeting-3LNG**
 1:30 Creative Arts Club- MDR
1:30 Flower Arranging-MDR
 5:30 Dominoes- MDR

9:15 Exercise Group- 22
 MDR
 10:30 Coffee Social-MDR
 1:30 Households-3LNG
 5:30 Shuffleboard- MDR

9:30 Exercises-MDR 23
 1:30 Bingo- MDR

9:30 Sunday Christian 24
 Service-MDR
 1:30 Java Music Club -
 MDR

9:30 Exercise Group - 25
 MDR
 10:15- Beauty &
 Memories-3LNG
 1:30 Women's Lounge
 Social- MDR
 5:30 Wonders of Nature -
 MDR

8:00 Men's Breakfast-CHAP 26
 9:30 Exercise Group MDR
 10:30 Hand Chimes-MDR
 1:30 Men's Shed -MDR
 1:30 Musical Memories- 3rd
 1:30 Kitchen Creation-M
 5:30 Crosswords- MDR:00

9:30 Catholic Service -MDR 27
 9:30 Hand Spa-3LNG
 10:00 Duet Bikes with
 Adam
1:30 Celebration of Life-CH
 5:30 Church Service-MDR

9:30 Shuffleboard -MDR 28
1:30 Concerts in Care-MDR
 5:30 Dominoes- MDR

9:15 Exercise Group- 29
 MDR
**9:30 3rd Floor Christmas
 Decoration- 3LNG**
 1:30 Households-3LNG
 5:30 Shuffleboard- MDR

9:30 Exercises-MDR 30
 1:30 Bingo- MDR

Thanksgiving Day