

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Canada Day	2 9:30 Exercises - MDR 9:30 Garden Music 2nd Floor 1:30 Men's Shed with Adam MDR 5:30 Crosswords- MDR	3 9:30 Catholic Service MDR 10:00 Duet Bikes with Adam* 1:30 Canada Day Celebration "Well-Worn Trail" MDR 5:30 Christian Video Series-MDR	4 9:30 Shuffleboard - MDR 1:30 Creative Arts Club- MDR 2:00 Music & Memories 5:30 Dominoes- MDR Independence Day (US)	5 9:30 Shuffleboard - MDR 1:30 Creative Arts Club- MDR 2:00 Music & Memories 5:30 Dominoes- MDR	6 9:15 Exercise Group MDR 10:00 Tri Shaw Bike Rides* 5:30 Shuffleboard MDR
7 9:30 Sunday Christian Service -MDR 1:30 Java Music Club - MDR	8 9:30 Exercise Group - MDR 1:30 Women's Lounge Social MDR 5:30 Wonders of Nature MDR	9 8:00 Women's Breakfast CHAP 9:30 Garden Music 2nd Floor 9:30 Exercises - MDR 1:30 Men's Shed with Adam MDR 5:30 Crosswords- MDR	10 9:30 Catholic Service MDR 10:00 Duet Bikes with Adam* 2:30 Birthday Party 2nd Floor 5:30 Christian Video Series-MDR	11 9:30 Shuffleboard - MDR 1:30 Creative Arts Club- MDR 2:00 Music & Memories 5:30 Dominoes- MDR	12 9:15 Exercise Group MDR 1:30 Mike's Critters-MDR 5:30 Shuffleboard MDR	13 9:15 Exercise Group MDR 10:00 Tri Shaw Bike Rides* 5:30 Shuffleboard MDR
14 9:30 Sunday Christian Service -MDR 1:30 Java Music Club - MDR	15 9:30 Exercise Group - MDR 1:30 Women's Lounge Social MDR 5:30 Wonders of Nature MDR	16 9:30 Exercises - MDR 9:30 Garden Music 2nd Floor 1:30 Men's Shed with Adam MDR 5:30 Crosswords- MDR	17 9:30 Catholic Service MDR 10:00 Duet Bikes with Adam* 1:30 Birthday Parties - All Floors 5:30 Christian Video Series-MDR	18 9:30 Shuffleboard - MDR 1:30 Creative Arts Club- MDR 2:00 Music & Memories 5:30 Dominoes- MDR	19 9:30 Shuffleboard - MDR 1:30 Mike's Critters MDR 2:00 Music & Memories 5:30 Dominoes- MDR	20 9:15 Exercise Group MDR 10:00 Tri Shaw Bike Rides* 5:30 Shuffleboard MDR
21 9:30 Sunday Christian Service -MDR 1:30 Java Music Club - MDR	22 9:30 Exercise Group - MDR 1:30 Women's Lounge Social MDR 5:30 Wonders of Nature MDR	23 8:00 Men's Breakfast- CHAP 9:30 Exercises - MDR 9:30 Garden Music 2nd Floor 1:30 Men's Shed with Adam MDR 5:30 Crosswords- MDR	24 9:30 Catholic Service MDR 10:00 Duet Bikes with Adam* 1:30 Hand Chimes-MDR 5:30 Christian Service	25 9:30 Shuffleboard - MDR 1:30 Creative Arts Club- MDR 5:30 Dominoes- MDR	26 9:30 Shuffleboard - MDR 1:30 Creative Arts Club- MDR 2:00 Music & Memories 5:30 Dominoes- MDR	27 9:15 Exercise Group MDR 5:30 Shuffleboard MDR
28 9:30 Sunday Christian Service -MDR 1:30 Java Music Club - MDR	29 9:30 Exercise Group - MDR 1:30 Women's Lounge Social MDR 5:30 Wonders of Nature MDR	30 9:30 Exercises - MDR 1:30 Men's Shed with Adam MDR 5:30 Crosswords- MDR	31 9:30 Catholic Service MDR 10:00 Duet Bikes with Adam* 1:30 Celebration Life-CHAP 5:30 Christian Video Series-MDR	<h1>July 2024</h1>		