

March 1st, 2024



Dear Families and Friends,

The birds are chirping with a celebratory air as spring seems to be peaking around the corner early this year! And March 17th brings the luck of the Irish. I am reminded of an old Irish blessing that decorated the entrance to our family home growing up. It is always worth a share:



*May the road rise up to meet you.
May the wind be always at your back,
May the sun shine warm upon your face,
The rains fall soft upon your fields, and,
until we meet again,
May God hold you in the palm of His hand.*

As St. Patrick's Day is followed shortly after by Easter on March 31st this year – let us remember the symbolism of hope, renewal, and new life it represents. May we all find hope in new beginnings.

Purdy's Chocolate Group Order – Save 25%!

We are offering a Purdy's Chocolate Group Order for the upcoming Easter holiday. The link is now open. **Orders are due by Monday, March 18, 2024.** You can place and pay for your order through the following link: <https://group.purdys.com/1939055-117082/> Pick up of items will be at the Lodge.

CROW ALERT – Nesting Season!!

Please be aware that there are nearby locations outside of the building where there are crow's nests. One is near the entrance to the Easy Park Lot 10 down the street. Given it is nesting season, crow's are VERY protective of their nesting areas. As a result, we have seen them dive-bombing staff as they seek to enter the building. I have reported it to Vancouver 311 and am waiting for their response. In the meantime, please be aware and careful as you approach the building. After the nesting season, we will investigate nest removal via the city or Easy Park to attempt to prevent this from recurring next year.

Family Circle – BL Family Council

Our Family Circle is actively seeking support in the form of family members who wish to co-lead the council meetings.

These meetings are an important venue for family members to come together to share experiences of care, to provide education, and to advocate for your loved ones. We had some great feedback from the February meeting and will be following up on action items immediately. This is an example of the benefits of participating in a forum to share and reflect feedback to us.



Monthly meetings are held on the last Thursday of each month. You can count on the announcement coming in this newsletter, on elevator posters, and in an advance email.

The next meeting, is scheduled for **Thursday, March 28th at 7:00pm.**

Join the Zoom Meeting: <https://us02web.zoom.us/j/84943144345>



NEW RECYCLING SYSTEM!

As we seek to improve the appearance of the neighbourhoods in the Lodge, we have replaced our previous sloppy looking recycling system with one that is much more appealing. Just a reminder of how it works: the black container on the right is strictly for garbage. The blue unit in the center is for all mixed recyclables (paper, cardboard, newspapers, plastic bottles and cans and so on). The grey container is strictly for soft plastics – plastic bags, Tena packaging, and other soft plastics that cover products. Mostly, for visitors, the blue recycling and black garbage will be the containers you would use. Your support in using the system properly will be a big help to our housekeeping team. Thank you.

Music Therapy Awareness month

March is Music Therapy Awareness Month, a time to celebrate the remarkable benefits of music therapy and the certified music therapists who use it to help people of all ages and abilities.

Each week of March our Music Therapist, Julianne, will be hosting a **family fun music therapy session at 2:00pm.** We look forward to having you join us!



2nd floor- March 7th

3rd floor- March 21st

4th floor- March 14th

March Special Events

As we head into the start of spring, here are some key events to add to your calendar for the month: Come and enjoy a green treat at our St. Patrick's Day celebration on Wednesday, March 13th at 1:30pm- and don't forget your dancing shoes, we will have musical entertainment by Patricia for the festivities. Later in the month we will hold our Birthday parties on March 20th starting at 1:30pm until 3:00pm on all floors. Mike's Critters will be back with another collection of critters, join us on March 15th at 1:15pm in the main dining room.

Renovations Celebration!



Before



After

Flooring is in and we are in the mood to celebrate! If you remember the show from the 1980's 'The A Team' – a key character used to say, *"I love it when a plan comes together!"* That's about how we are feeling right now. I am so very grateful to everyone for your patience and confidence in the plan and process on this journey. I am grateful to the staff, residents, and family members who have fed back positive comments to us on the results of our refurbishment project for the resident floors. It has been a journey. But all good journeys create fond memories, and, in this case, we will continue to make fond memories in our fresh new and comfortable look.



We have started to hang the artwork, thanks to a generous family donation, to put the finishing touches on the project. Thus far the feedback from residents, family, and staff is very positive describing the neighbourhoods as more homelike and welcoming... just what we were hoping for! More to come in the art corner – a selection of prints and art will be presented to residents for them to choose their preferred art for their neighbourhood walls.

We are still awaiting results of our New Horizons for Seniors grant application which will, hoping for a successful grant, impact what we will be able to do to finish the project and add DementiAbility touches. (For more on the DementiAbility model and concepts you can go to <https://dementiability.com>)

The very last step for the project, as noted previously, is the room doors. We are looking to where we will fund this project from and what the final appearance of the doors will be – will it be decals (like the spa doors) or simply stripped and sanded with a gloss finish. Stay tuned! And, as always, we welcome your donations to support the funding of this project. Should you wish to make a general donation, you may [click on this link](#) to do so. Thank you for considering us as your charity of choice.

Last Words

It is reassuring to be able to say with confidence that at Broadway Lodge we seek to provide a strong sense of community and family through care and love. This year, more than ever, we are focused on building community and you will see in the coming months that we will be asking more questions on how we can achieve better outcomes that make this a living truth. So, watch for opportunities through the Family Circle as well as Survey Monkey to answer important questions that will inform and support our forward movement for positive change and enhanced quality of life here at Broadway Lodge.

Wishing you both a Happy St. Patrick's Day and a Blessed Easter time.

Warmest Regards,



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