

January 1st, 2024



Dear Families and Friends,

Happy New Year everyone! On behalf of the whole Broadway Lodge care team and community, I would like to wish you good health, happiness, and prosperity in 2024.

We are starting the year off strong with good news from our funder for music therapy. Thanks to the excellent work and storytelling skills of music therapist Julianne Ryu, the Music Heals Charitable Foundation has recognized again the

rich value of music therapy at the Lodge. As a result, they were able to do a strong pitch with their donors to secure **\$15,000.00** towards our music therapy program. This is significant because VCH does not fund music therapy and we rely on donations to ensure that the program hours are supported and continue to benefit the residents. Even with this significant donation, we will still lose a few hours of music therapy interventions for lack of funding – this is an area where donations are always greatly appreciated! Another great piece of news is that we have been granted **\$34,200.00** from Equipcare BC to fund more ceiling lift upgrades. This is very exciting for us as we are seeking to replace some older equipment which will further enhance safety and comfort for both residents and staff!



Family Circle – BL Family Council

Here's a great opportunity for your New Year's Resolutions! Make a resolution to volunteer and contribute to life at the Lodge. Our Family Circle is actively seeking support in the form of family members who wish to co-lead the council meetings.

These meetings are an important venue for family members to come together to share experiences of care, to provide education, and to advocate for your loved ones.

Monthly meetings are held on the last Thursday of each month. You can count on the announcement coming in this newsletter, on elevator posters, and in an advance email.

The next meeting is scheduled for **Thursday, January 25th at 7:00pm.**

Join the Zoom Meeting: <https://us02web.zoom.us/j/84943144345>

January Special Events

The January calendar has lined up some enjoyable events. The New Year always starts out a bit quieter after the hustle and bustle of December. Here are some key events for January:

Join us for our New Years Celebration, January 3rd at 1:30 in the main dining room. Later in the month we will hold our Birthday parties on January 17th at 1:30 on all floors. And last, but never least, Mike's Critters will join us on January 19th at 1:15pm in the main dining room – join us to see what delightful creatures he brings this time!

Results of the Senior's Advocate 2023 Survey

In the spring of this year a significant number of volunteers across the province participated in the survey of 28,000 seniors living in care and their loved ones. In fact, almost 11,000 residents and close to 8,000 loved ones responded to the survey. There were eight recommendations that came of the survey results collected (available at <https://www.seniorsadvocatebc.ca/>). The question you may ask is how did Broadway Lodge fare in the survey?

The Lodge saw an increase of 20-40% in positive scores overall. But we also observed a couple areas to work on! So, for example, as part of our focus on quality improvement for 2024, we will be working on staff to resident relationships – ensuring residents feel comfortable engaging with staff to ensure their needs are heard and met. As well, access to outdoors and the community will be reviewed to ensure freedom of movement is supported. And something that we have been working on throughout 2023 is making sure staff know as much about our residents' personal history as possible to support their unique identity and needs. This has been done through the 'All About Me' project which we will continue to pursue with each resident in the future.

ABOUT THE RESIDENTS

- Average age is 83 (53% are 85 years or older and 6% are younger than 65 years)
- 63% are female
- 25% are married
- Average length of stay is 824 days
- Median length of stay is 481 days
- 32% are dependent in activities of daily living (ADL 5+)
- 63% have dementia (mild to severe)
- 28% have severe cognitive impairment (includes severe dementia, CPS 4+)
- 53% use a wheelchair
- 11% of residents receive physical therapy, 30% receive recreation therapy and 6% receive occupational therapy
- 48% of residents have low social engagement
- 28% of residents are taking antipsychotics without a diagnosis of psychosis
- 23% of residents are diagnosed with depression while 51% of residents are taking antidepressant medication
- 76% of residents are usually or always incontinent
- 13% of residents experienced a fall within the last 30 days
- 10% of residents have been admitted to hospital or visited emergency room in last 90 days

Some basic data collected from the OSA survey to inform your understanding of Long-Term Care answering the question: who lives in LTC?



Unreasonable Hospitality Award 2023 – Reah Fernandez

Back in August, we asked you to participate in the nomination of a staff member for our first Unreasonable Hospitality Award. After receiving several emails with positive feedback (thank you) about numerous caring staff, we landed on the lovely Reah Fernandez who is a restorative care worker (RCW) on second floor providing amazing positive energy, love, smiles, hugs, and laughter as she works with the residents to support maintenance of strength, balance, and mobility. Reah was the perfect candidate to receive the award

which focuses on ‘the remarkable power of giving people more than they expect’ – this is what unreasonable hospitality is all about: going above and beyond what people expect. Reah does this in spades and we are very proud of her and all that she does.

Renovations Update

I’ll say it again... we are in the homestretch!

We anticipate between January 8-15th for the arrival of the wallboard and handrail products. Once onsite the work will begin. It will take approximately one week per floor to cut, glue, and install the products. This is being done with a very thoughtful plan in place to ensure safety and success with ease and comfort for all.

February will be the final major stage of the project with the flooring being installed. This work will be done in the evening and through the night to reduce risks to residents and maximize safety.

The very last step for the project is the room doors. We are looking to where we will fund this project from and what the final appearance of the doors will be – will it be decals (like the spa doors) or simply stripped and sanded with a gloss finish. This decision will be based on cost in the end. Stay tuned for an update on this last and final step!

Last Words

We left 2023 strong with a vision for an even brighter new year—and so we enter 2024 with optimism and a renewed commitment to care for your loved ones. Excellence in care supported by our Broadway Group statement that *love lives here* will guide our practice to ensure continued quality of life for all.

I would like to take this moment to wish you all the very best for the New Year.

Warmest Regards,



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