

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER 2023

							<p>9:15 Exercise Group- MDR 1:15 Mikes Critters 5:30 Shuffleboard- MDR 9:45 & 1:30 Trishaw Bike Rides*</p>	<p>9:30 Drumming Exercises 1:30 Bingo</p>
<p>3 9:30 Sunday Christian Service- MDR 1:30 Discussion Group-</p>	<p>4 NO SCHEDULED PROGRAMS TODAY Labor Day</p>	<p>5 1:30 Men's Shed with Adam 3:00 Hand Chimes- MDR 5:30 Crosswords- MDR</p>	<p>6 9:30 Catholic Service- MDR 1:30 Flower Arranging- M 5:30 Chapel Christian Service- MDR</p>	<p>7 9:30 Shuffleboard - MDR 1:30 Creative Arts Club MDR 5:30 Dominoes- MDR</p>	<p>8 9:15 Exercise Group- MDR 1:30 Walks- False Creek 5:30 Shuffleboard- MDR 9:45 & 1:30 Trishaw Bike Rides*</p>	<p>9 9:30 Drumming Exercises 1:30 Bingo</p>		
<p>10 9:30 Sunday Christian Service- MDR 1:30 Java Music- MDR Grandparents Day</p>	<p>11 9:30 Exercise Group- MDR 1:30 Ladies Lounge Social- MDR 5:30 Wonders of Nature MDR</p>	<p>12 9:30 Exercise Group- MDR 1:30 Kitchen Creations- MDR 1:30 Men's Shed with Adam 3:00 Hand Chimes- MDR 5:30 Crosswords- MDR</p>	<p>13 9:30 Catholic Service- MDR 1:30 Mid Autumn Festival- MDR 5:30 Chapel Christian Service- MDR</p>	<p>14 9:30 Shuffleboard - MDR 1:30 Creative Arts Club MDR 5:30 Dominoes- MDR</p>	<p>15 9:15 Exercise Group- MDR 1:30 Walks- False creek 5:30 Shuffleboard- MDR 9:45 & 1:30 Trishaw Bike Rides* Rosh Hashanah Begins</p>	<p>16 9:30 Drumming Exercises 1:30 Bingo Oktoberfest Begins</p>		
<p>17 9:30 Sunday Christian Service- MDR 1:30 Java Music- MDR</p>	<p>18 9:30 Exercise Group- MDR 1:30 Ladies Lounge Social- MDR 5:30 Wonders of Nature MDR</p>	<p>19 9:30 Exercise Group- MDR 1:30 Kitchen Creations- MDR 1:30 Men's Shed with Adam 3:00 Hand Chimes- MDR 5:30 Crosswords- MDR</p>	<p>20 9:30 Catholic Service- MDR 10:00 Flower Arranging- M 1:30 Birthday Party- All Floors- MDR 5:30 Chapel Christian Service- MDR</p>	<p>21 9:30 Shuffleboard - MDR 10:30 First Nations Group- CHAP 1:30 Creative Arts Club MDR 5:30 Dominoes- MDR</p>	<p>22 9:15 Exercise Group- MDR 1:30 Walks- False creek 5:30 Shuffleboard- MDR 9:45 & 1:30 Trishaw Bike Rides*</p>	<p>23 9:30 Drumming Exercises 1:30 Bingo Autumn Begins</p>		
<p>24 9:30 Discussion Group- MDR 1:30 Java Music- MDR Yom Kippur</p>	<p>25 9:30 Exercise Group- MDR 1:30 Ladies Lounge Social - MDR 5:30 Wonders of Nature MDR</p>	<p>26 9:30 Exercise Group- MDR 1:30 Kitchen Creations- MDR 1:30 Men's Shed with Adam 3:00 Hand Chimes- MDR 5:30 Crosswords- MDR</p>	<p>27 9:30 Catholic Service- MDR 1:30 Celebration of Life- CHAP 5:30 Chapel Christian Service - MDR</p>	<p>28 9:30 Shuffleboard - MDR 1:30 Concerts in Care- MDR 5:30 Dominoes- MDR</p>	<p>29 9:15 Exercise Group- MDR 1:30 Walks- False creek 5:30 Shuffleboard- MDR 9:45 & 1:30 Trishaw Bike Rides*</p>	<p>30 9:30 Drumming Exercises 1:30 Bingo</p>		