

June 1st, 2023

Dear Families and Friends,

I am pleased to share with you a wonderful family story of resilience and care that offers us hope and reminds us of the true sense of love in all of our hearts. The following story is excerpted from the www.Alzheimer.ca page.

For Eric Li, chair of the **Broadway Lodge Family Circle**, a life-changing accident opened an unexpected window into the world of living with dementia. In 2016, Eric was involved in a car crash that left him with serious injuries, including hemorrhaging in his left frontal lobe and a multi-level spinal injury – as well as new insight into the challenges his mother faces living with frontotemporal dementia.

Having difficulty processing information and experiencing feelings of loneliness were among the parallels Eric drew between the challenges of his injuries and his mother’s experience of a diagnosis of dementia. Few people understood what they were going through.

“The brain injury has allowed me to get a glimpse into my mom’s world, and that allowed me to connect with her and learn about myself,” Eric says. “Through her needs, I learned about my own needs.”

“Keeping her safe was one of the biggest challenges, and I’ve persisted as much as I could, for as long as I could,” Eric says. Connecting to the Alzheimer Society of B.C. helped Eric understand dementia and develop the skillset to care for May and himself. With education and support from the Society, Eric is now equipped with the tools and skills to adapt to the ever-changing landscape of the dementia journey. The knowledge and support he’s received has given him the strength to try again, as well as the permission to take a break and rest.

“Through trial and error with my mom, I find success every day as long as I don’t give up,” Eric says. “Without the Alzheimer Society of B.C., I wouldn’t be in the position to have the courage to hold my mother’s hand in her journey, like how the Alzheimer Society is holding my hand through my caregiving journey.”

Eric and May participated in the Sunday, May 28th Richmond IG Wealth Management Walk for Alzheimer’s. Congratulations on this achievement! Thank you Eric for sharing your inspirational journey with your mother. It is our honour to be able to provide her support and care.



Family Circle – BL Family Council

This self-driven group of family members meets on a monthly basis. This month, Kathrin McMath, The Broadway Group CEO, and myself Executive Director, will join the beginning of the session for a brief introduction of our new CEO. The next meeting is **Thursday, June 29th at 7:00pm** via zoom. Everyone is welcome to join in and participate.



Join the Zoom Meeting: <https://us02web.zoom.us/j/82970798759?pwd=ZGZLYXJGUmdqMjlCY0JiZTFNN1k2UT09>

(Meeting ID: 829 7079 8759 and Passcode: 836289)

Seasonal Window Cleaning

I appreciate the feedback received through the last Family Circle meeting about window cleaning. You beat us to the punch in asking! Our annual window cleaning is scheduled for June each year. The Men in Kilts will be back to clean our exterior windows June 8th. Interior common area windows will be cleaned through the month of June.

Bike Rack Installation

I am pleased to announce that we were able to carve out a location at the entrance of the building for a bike rack that accommodates two bikes at a time. We would ask all visitors who cycle to use the rack at this location and NOT bring bikes in to the building or the north patio areas for resident safety. Thank you for your understanding and support to maintain a safe living space for our residents, your loved ones.



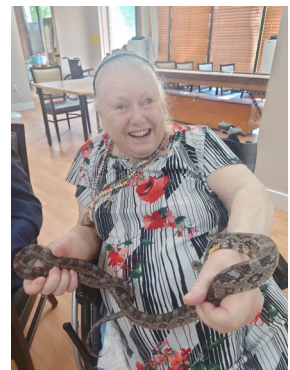
June Special Events

With summer upon us we also recognize that Father's Day is just around the corner. As 54% of our resident population is male, we choose to recognize our men with a BBQ. This special event will take



place on **Thursday, June 22nd at 12:00 noon**. We welcome families to attend this special event. The cost for non-residents is \$8.00 per person. Please RSVP to the Lifestyles Team at 604-733-1441 extension 248 by June 15th to book your space. On the day of the event, or in advance, you will need to pay for your ticket(s) at reception prior to going up to the penthouse for the actual BBQ event. Your ticket from reception will be your 'admission' to the BBQ! We look forward to seeing you.

You are also cordially invited to join in the dance extravaganza that is happening in June! Grupo America, a ballroom dancing troupe, will be joining us on June 28th at 1:30pm.

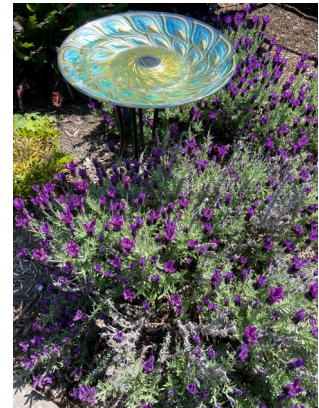


And, if you care to visit and enjoy a unique experience with your loved one, join us for Mike's Critters June 7th 1:15pm. Mike brings a whole host of different critters from spiders and snakes to bunnies, birds, and hedgehogs! It is always educational and definitely memorable.

We are also introducing, through connections of Chaplain Jeannie, a First Nations focused group that will engage our Indigenous residents in opportunities for self-expression and engagement in familiar community connection activities. The group will begin in June and will run the third Thursday every month. We look forward to learning what the participants will choose as the name of this group!

West Side Concrete Repairs

Note that we will be doing sidewalk repairs shortly on the west side of the building to ensure safe travels along this side of the building. At this time, we are vetting contractors for the project. The sidewalk will be out of commission for up to three days – signs will be posted to inform of the restriction to access this pathway for the period of work.



Beautiful rooftop garden lavender this year!

Lighting Project

The lighting replacement on the resident floors is well underway and what a difference it is making to the quality of the environment and visibility. No more dark hallways. This upgrade was implemented as part of the floor renovations in response to your feedback in our resident and family survey where you identified the poor quality of lighting in hallways.

With the gazebo replacement project now complete, I hope you take every opportunity to enjoy the sunshine, flowers, colours, fragrances, birds and fountains in the garden as we continue to add to the rooftop garden this season.

Thank you for your continued support and understanding as we head into summer. I would like to take this moment to wish you a very bright and cheerful spring season.

Warmest Regards,

A handwritten signature in black ink, appearing to read 'Rosemary Dunne'. The signature is fluid and cursive, with the first name 'Rosemary' being more prominent than the last name 'Dunne'.

Rosemary Dunne,
Executive Director

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