



June 29th, 2023

Dear Families and Friends,

Happy Canada Day to one and all! Let us take a moment to celebrate all our good fortune to be living in the True North Strong and Free! Living on the west coast of Canada is a special place to be with the ocean and the mountains each so easily accessible. And we are blessed to be located in the beautiful False Creek area of Vancouver. How lucky are we all to call Vancouver and Canada home.



Please read on to find out what is happening at the Lodge through the month of July and plan to join us for some of our special events.

Family Circle – BL Family Council

Our Family Circle is actively seeking support in the form of family members who wish to co-lead the council meetings. We express our sincere thanks to family member Eric Li for his continued support and enthusiasm to facilitate the monthly meetings. We hope that some of you may be inspired by his passion and care and consider joining in sharing the leadership of our important Family Circle.



These meetings are an important venue for family members to come together to share experiences of care, to provide education, and to advocate for your loved ones.

The next meeting is scheduled for **Thursday, July 20th at 7:00pm.**

Join the Zoom Meeting:

<https://us02web.zoom.us/j/84596239420?pwd=cXRMeIlg1RjRPekdpRDIROEVwVE8ydz09>

Meeting ID: 845 9623 9420 and Passcode: 210446

Spirit Circle

Just a quick update that the new Indigenous focused spiritual care group has been launched and we are pleased to say that our sister site, False Creek Residence – located down the road, will be visiting the Lodge for these wonderful group sessions as a co-site program for all residents.

July Special Events

With Canada Day falling on a Saturday this year, it stretches our celebratory mode to the next week! So, please plan to join us on **Wednesday, July 5th at 1:30pm** for our **Canada Day party** featuring **The Well-Worn Trail** who will be entertaining us with puppets and song! The ever-popular **Concerts in Care** will take place on Thursday the 27th of July at 1:30pm in the main recreation area.

The residents of the 2nd floor will enjoy their annual BBQ on Thursday, the 13th at 12pm – please contact Adam (local 248) if you wish to attend with your loved one. For those of you who's loved ones reside on the 3rd and 4th floors, these BBQs will take place in August – stay tuned!

There will also be a new adventure – a yard/bake sale co-led with our sister site, False Creek Residence, on Wednesday, July 26th. Watch for posters and details to come. It will take place off site closer to the False Creek Residence which is located at 1167 Forge Walk.

Mike's Critters returns by popular demand on **Friday, July 7th at 1:15pm**. These are just a few of the great events planned for you to come and join in with alongside your loved ones.

Front Door Access – Post Covid Restrictions

Now that we have removed all restrictions to access the building, we wish to remind you that you can now enter the building without having to buzz for entry during regular business hours. Instead of using the intercom button, just press the metal plate to the right of the intercom with the blue wheelchair symbol on it. The door will open automatically, and you may enter and sign in before coming through the second set of doors.

This, of course, applies during business hours: Monday – Friday from 8am to 4pm. Evenings and weekends will still require you to buzz the intercom for access.



Press round metal plate to enter during business hours.

West Side Concrete Repair & Lighting Project Complete

I am pleased to say that the west sidewalk concrete project was completed without any hiccups. The path is now a 'trip free' zone – safe and accessible! Thank you for your patience while we searched for the appropriate solution and company to facilitate this for us.

The lighting replacement on the resident floors is now complete including the halls, lounges, elevator lobbies, nurse stations, and shower rooms. It is remarkable what a difference the change of lighting has made to the quality of the environment. We are very pleased with the outcome and the difference that the replacement of ceiling tiles as well has made on the brightness of the neighborhoods.



Putting finishing touches on the repaired sidewalk

Research informs us that the improved quality of lighting in the care environment, impacts coping behaviours of individuals living with dementia. We are pleased to be able to make this important change to support resident quality of life.

The next step in the renovation process will be the painting of the neighbourhood common areas followed by the replacement of handrails, some work in the nursing stations, and then the last step is the flooring which will be replaced.

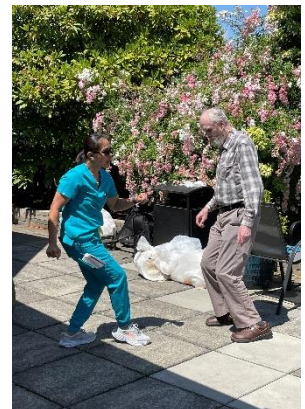
Bringing DementiAbility™ Training to Broadway

At this time, Broadway Lodge is participating in a Health Excellence Canada Grant (\$10,000.00 was awarded) focused on the appropriate use of anti-psychotic medications. In doing so, we are bringing attention to reducing the inappropriate use of anti-psychotic medications (medications that are used to assist with management of behavioural and psychological symptoms of dementia also known as BPSD). While these medications can be very helpful to support an individual's ability to cope and function with the changes they are experiencing due to the onset of dementia, there are occasions where there may be alternate approaches that could be more effective or beneficial for the individual.

In support of this effort to change our practices away from pharmacological interventions, we are training our staff in the DementiAbility Methods of non-pharmacological approaches to care. DementiAbility's goal is to expose the abilities – and the potential – of each person living with dementia. Through innovative evidence-based, person-centred education, resources, tips, tools and approaches to dementia care, staff and other care partners will know how to support the whole person in a prepared environment that aims to set each person up for success thereby helping each person to live each day with meaning, purpose, high self-esteem, independence, love, and a sense of belonging and joy.

Some of the positive outcomes of the DementiAbility Methods include reduction in responsive behaviours (BPSDs); increased resident, staff and family satisfaction; improved resident function (e.g. – eating, dressing, toileting independently and finding things and places independently); decreased UTIs (urinary tract infections), decreased incidents of delirium, and decreased hospital visits. We also see the environment changing to reflect homes that look, feel, and smell like home – and set up for success to allow everyone to be the best they can be. Lastly, as a result, individuals living with dementia are engaged with meaning and purpose.

We are excited to be providing this training opportunity to our care staff. The training will specifically be rolled out first on the third floor. Once the Lodge has had a chance to get comfortable with the enhanced approaches, we will then expand the training to the other floors. Change can be challenging and hard for people to adjust to at first, so we are taking our time to ensure that staff feel supported and successful in this adapted approach to care.



RCW, Reah, dances up a storm with a gentleman at the Men's BBQ on June 22nd – a terrific success!

Upcoming Resident and Family Survey – Office of the BC Seniors Advocate - “Every voice counts”

British Columbia’s Seniors Advocate, Isobel Mackenzie, has commissioned the B.C. Office of Patient-Centred Measurement (OPCM) to implement a province-wide survey to give voice to the more than 29,000 people living in nearly 300 publicly funded long-term Care Homes across the province. As Isobel has noted, *“Now, more than ever, it is important to go directly to the people who live in long-term care to seek their opinions of how well B.C.’s long term care system is meeting their needs”*.

The survey, which began in the fall of 2022, will invite every resident to participate in an in-person interview conducted by trained Surveyors. Surveyors will ask residents about their experience and their satisfaction with the quality of care and services they receive related to topics such as food, safety, homelike environment, respect from, responsiveness of and communication with staff, personal relationships, activities, impact of the pandemic on visitation and cultural safety.

Surveyors receive training on how to respectfully and successfully engage with residents. If a resident does not wish to or is unable to continue with the interview, the Surveyor will not push the resident to complete the survey. In addition, each resident’s family and frequent visitors will be invited to complete a survey about their own experiences. The survey for family members includes questions to reflect your unique perspective as a loved one.

They are providing a Survey Window of **July 4th – July 21st**. They are currently trying to coordinate surveyors to schedule shifts as early as 9:30 am – 12 pm and again after lunch around 1 pm – dinner time. I have also attached the FAQ sheet for you, to help answer any questions that may arise with this announcement.

Please note that it is a requirement that we provide family contact information to the OSA so they may contact you (only the POA and/or First Contacts will be shared) for the purpose of this survey.

Thank you for your continued support and understanding as we enjoy the summer ahead. I would like to take this moment to wish you a healthy and safe summertime.

Warmest Regards,



Rosemary Dunne,

Executive Director

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