

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 - Exercise Group - REC 10:30 - Nature Walks - FALS 1:15 - Garden Music - ROOF 1:30 - Ladies Lounge Social - REC 3:00 - Nature Walks 5:30 - Wonders of Nature - REC	2 8:00 - Ladies Breakfast Club - CHAP 9:15 - Music & Movement - REC 10:00 - Duet Bike with Volunteer 1:00 - Duet Bike with Volunteer 3:15 - Sensory Room - LNG 5:30 - Crosswords Group	3 9:30 - Catholic Service - CHAP 9:30 - Pamper Me - LNG 10:00 - Duet Bike Excursions 10:00 - Musical Memories - 4LNG 10:30 - 1:1 Visits - LNG 1:00 - 1:1 Visits 1:30 - Duet Bike Excursions 2:00 - Garden Socials/Strolls 3:00 - Nature Walks - FALS 5:45 - Chapel Service - REC	4 9:30 - 1:1 Visits - LNG 10:30 - Active Games - 4LNG 11:00 - Montessori Activities - Sensory 11:45 - Men's Shed Luncheon - CHAP 1:00 - Duet Bike with Volunteer 1:30 - Creative Arts Club - REC 1:30 - Discussion Group - CHAP 1:30 - Garden City Lane Social 1:30 - Nature Walks - FALS 2:15 - Reading Group - 2LNG 5:30 - Dominoes - REC	5 9:00 - Duet Bike with Volunteer 9:15 - Exercise Group - REC 9:30 - Reading Group - 2LNG 10:15 - Montessori Activities - Sensory 10:30 - Beauty & Memories - 2LNG 1:30 - Reading Group - 4LNG 1:30 - Sing Active - 2ND 3:00 - Montessori Activities - Intellectual - LNG 5:30 - Shuffleboard - REC	6 9:30 - Drumming Exercises 10:00 - Spiritual Wellness - 2LNG 10:00 - Spiritual Wellness - ALL 10:15 - Folding Group - REC 10:30 - Duet Bike with Volunteer 10:30 - Spiritual Wellness - 3LNG 11:00 - Spiritual Wellness - 4LNG 1:30 - BINGO 1:30 - Sensory Room - LNG
7 9:30 - Sunday Service - REC 1:30 - Java Music Club	8 9:30 - Exercise Group - REC 10:30 - Nature Walks - FALS 1:15 - Garden Music - ROOF 1:30 - Ladies Lounge Social - REC 3:00 - Nature Walks 5:30 - Wonders of Nature - REC	9 9:15 - Music & Movement - REC 10:00 - Duet Bike with Volunteer 1:00 - Duet Bike with Volunteer 1:30 - Men's Shed - REC 3:15 - Sensory Room - LNG 5:30 - Crosswords Group	10 9:30 - Catholic Service - CHAP 9:30 - Pamper Me - LNG 10:00 - Duet Bike Excursions 10:00 - Musical Memories - 4LNG 10:30 - 1:1 Visits - LNG 1:00 - 1:1 Visits 1:30 - Celebration of Life - CHAP 2:00 - Garden Socials/Strolls 3:00 - Nature Walks - FALS 5:45 - Chapel Service - REC	11 9:30 - 1:1 Visits - LNG 10:30 - Remembrance Day Ceremony - REC 11:00 - Montessori Activities - Sensory 1:30 - Nature Walks - FALS 1:30 - Remembrance Day Concert - REC 2:15 - Reading Group - 2LNG	12 9:00 - Duet Bike with Volunteer 9:15 - Exercise Group - REC 9:30 - Reading Group - 2LNG 10:15 - Montessori Activities - Sensory 1:30 - Reading Group - 4LNG 1:30 - Sing Active - 2ND 3:00 - Montessori Activities - Intellectual - LNG 5:30 - Shuffleboard - REC	13 9:30 - Drumming Exercises 10:00 - Spiritual Wellness - 2LNG 10:00 - Spiritual Wellness - ALL 10:15 - Folding Group - REC 10:30 - Duet Bike with Volunteer 10:30 - Spiritual Wellness - 3LNG 11:00 - Spiritual Wellness - 4LNG 1:30 - BINGO 1:30 - Sensory Room - LNG
14 9:30 - Sunday Service - REC 9:30 - Sunday Service - REC 9:30 - Sunday Service - REC 1:30 - Discussion Group - CHAP 1:30 - Java Music Club - REC	15 9:30 - Exercise Group - REC 10:30 - Nature Walks - FALS 1:15 - Garden Music - ROOF 1:30 - Ladies Lounge Social - REC 3:00 - Nature Walks 5:30 - Wonders of Nature - REC	16 8:00 - Men's Shed Breakfast - CHAP 8:00 - Men's Shed Breakfast - CHAP 8:00 - Men's Shed Breakfast - CHAP 9:15 - Music & Movement - REC 10:00 - Duet Bike with Volunteer 1:00 - Duet Bike with Volunteer 3:15 - Sensory Room - LNG 5:30 - Crosswords Group	17 9:30 - Catholic Service - CHAP 9:30 - Pamper Me - LNG 10:00 - Duet Bike Excursions 10:00 - Musical Memories - 4LNG 10:30 - 1:1 Visits - LNG 1:30 - Birthday Party - 2LNG 1:30 - Birthday Party 3:00 - Nature Walks - FALS 5:45 - Chapel Service - REC	18 9:30 - 1:1 Visits - LNG 10:30 - Active Games - 4LNG 11:00 - Montessori Activities - Sensory 1:00 - Duet Bike with Volunteer 1:30 - Creative Arts Club - REC 1:30 - Garden City Lane Social 1:30 - Kitchen Creations - KIT 1:30 - Nature Walks - FALS 2:15 - Reading Group - 2LNG 5:30 - Dominoes - REC	19 9:00 - Duet Bike with Volunteer 9:15 - Exercise Group - REC 9:30 - Reading Group - 2LNG 10:15 - Montessori Activities - Sensory 10:30 - Beauty & Memories - 3LNG 1:30 - Reading Group - 4LNG 1:30 - Sing Active - 2ND 3:00 - Montessori Activities - Intellectual - LNG 5:30 - Shuffleboard - REC	20 9:30 - Drumming Exercises 10:00 - Spiritual Wellness - 2LNG 10:00 - Spiritual Wellness - ALL 10:15 - Folding Group - REC 10:30 - Duet Bike with Volunteer 10:30 - Spiritual Wellness - 3LNG 11:00 - Spiritual Wellness - 4LNG 1:30 - BINGO 1:30 - Sensory Room - LNG
21 9:30 - Sunday Service - REC 1:30 - Java Music Club	22 9:30 - Exercise Group - REC 10:30 - Nature Walks - FALS 1:15 - Garden Music - ROOF 1:30 - Ladies Lounge Social - REC 3:00 - Nature Walks 5:30 - Wonders of Nature - REC	23 9:15 - Music & Movement - REC 10:00 - Duet Bike with Volunteer 1:00 - Duet Bike with Volunteer 1:30 - Men's Shed - REC 3:15 - Sensory Room - LNG 5:30 - Crosswords Group	24 9:30 - Catholic Service - CHAP 9:30 - Pamper Me - LNG 10:00 - Duet Bike Excursions 10:00 - Musical Memories - 4LNG 10:00 - Resident Council Meeting - CHAP 10:30 - 1:1 Visits - LNG 1:00 - 1:1 Visits 1:30 - Duet Bike Excursions 2:00 - Garden Socials/Strolls 3:00 - Nature Walks - FALS 5:45 - Chapel Service - REC	25 9:30 - 1:1 Visits - LNG 10:30 - Active Games - 4LNG 11:00 - Montessori Activities - Sensory 1:00 - Duet Bike with Volunteer 1:30 - Concerts in Care - REC 1:30 - Nature Walks - FALS 1:30 - Pet Visitation - LNG 2:15 - Reading Group - 2LNG 5:30 - Dominoes - REC	26 9:00 - Duet Bike with Volunteer 9:15 - Exercise Group - REC 9:30 - Reading Group - 2LNG 10:15 - Montessori Activities - Sensory 10:30 - Beauty & Memories - 4LNG 1:30 - Reading Group - 4LNG 1:30 - Sing Active - 2ND 3:00 - Montessori Activities - Intellectual - LNG 5:30 - Shuffleboard - REC	27 9:30 - Drumming Exercises 10:00 - Spiritual Wellness - 2LNG 10:00 - Spiritual Wellness - ALL 10:15 - Folding Group - REC 10:30 - Duet Bike with Volunteer 10:30 - Spiritual Wellness - 3LNG 11:00 - Spiritual Wellness - 4LNG 1:30 - BINGO 1:30 - Sensory Room - LNG
28 9:30 - Sunday Service - REC 1:30 - Java Music Club	29 9:30 - Exercise Group - REC 10:30 - Nature Walks - FALS 1:15 - Garden Music - ROOF 1:30 - Ladies Lounge Social - REC 3:00 - Nature Walks 5:30 - Wonders of Nature - REC	30 9:15 - Music & Movement - REC 10:00 - Duet Bike with Volunteer 1:00 - Duet Bike with Volunteer 1:30 - Men's Shed - REC 3:15 - Sensory Room - LNG				

2ND - 2ND

CHAP - Chapel

5:30 - Crosswords Group

FALS - False Creek

KIT - Recreation Kitchen

LNG - Lounge

2ND - 2ND

CHAP - Chapel

FALS - False Creek

KIT - Recreation Kitchen

LNG - Lounge

REC - Recreation Area

ROOF - Rooftop Garden